

Sinergies between ozone and nutrition against inflammation and degeneration.

Dr. Vincenzo Simonetti

General surgery, Italia. Board member of the Oxygen Ozone Therapy National Italian Society (S.I.I.O.T.)

 OPEN ACCESS

ABSTRACT

Citation

Simonetti V. Sinergies between ozone and nutrition against Inflammation and degeneration [abstract]. Proceedings of the 7th WFOT Meeting; 2022 May 6-7; Bucharest, Romania. J Ozone Ther. 2022;6(7).

doi: 10.7203/jo3t.6.7.2022.25979.

Academic Editor

Jose Baeza-Noci,
School of Medicine, Valencia
University, SPAIN

Editor

World Federation of Ozone Therapy,
Brescia, ITALY

Received

Jun 1, 2022

Accepted

Jun 1, 2022

Published

Dec 30, 2022

Intellectual Property

Simonetti V. This is an open access article distributed under the terms of the Creative Commons Attribution License (CC BY 4.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Authors information

simonetti.vinc@gmail.com

We understood that all chronic, degenerative and infectious diseases, except congenital genetic ones, develop in an acidic cellular environment, derive their origin from intestinal dysbiosis, a chronic inflammatory state, endothelitis and reduced tissue oxygen.

Common basis for the various pathologies are: chronic inflammation, intestinal dysbiosis and increase of the same inflammatory markers TNF α , IL 1 β , IL 6, IL 8, IL 17, CPR.

According to our experience , in serious diseases such as tumors, MS and other autoimmune diseases, the rapid improvement of symptoms and the reduction of cytokines is not possible only with low doses. We can reduce inflammation and hypoxia with ozone therapy, which when used in association with other epigenetic factors can give us results that we did not believe possible.